



## **DANC 560 – Advanced Physical Practice Application**

Student Name: \_\_\_\_\_

Semester of Enrollment: \_\_\_\_\_

### Proposal (due at the beginning of the semester)

1. What is the physical practice you have chosen to engage in this semester? Please be specific about what courses you are taking and how often you plan to attend or what non-curricular practice you are doing. Describe the activity.
2. Why are you doing it? What led you to design this particular combination of activities?
3. Please outline your specific goals with this practice. What are you hoping to be able to achieve?  
How does it align with your creative and choreographic goals?

### Assessment (due at the end of the semester)

1. How are you experiencing this practice right now? Is the practice relating to and or affecting your creative work or your teaching?
2. What is your personal assessment of your progress toward stated goals? Have your goals changed? Where has this practice led you?
3. What are your ideas about your future physical practice?

Project Advisor Signature: \_\_\_\_\_

Academic Advisor Signature: \_\_\_\_\_